**Home learning - Year group overview**

Subject – **Physical Education**

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|  | **Topics** | **Resources available**  | **Communication Method**  | **Web links** |
| S1 – S3 | Active LifestyleAnalyse Performance | Online Videos | Twitter | * Joe Wicks – The Body Coach TV - [**https://www.youtube.com/watch?v=Rz0go1pTda8**](https://www.youtube.com/watch?v=Rz0go1pTda8)
* Diversity Dance Class - <https://twitter.com/20dvofficial?lang=en>

**Analyse Performance** * Simone Biles – <https://www.youtube.com/watch?v=HyPQwL5RCs0>
* Murray v Federer - <https://www.youtube.com/watch?v=CGRzfUccmNE>
* World Cup Final 2018 - <https://www.youtube.com/watch?v=GrsEAvRerTg>
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| N4 | Preparing for N5 PE | FIP Unit, Powerpoint | Glow Email |  |
| Dance | Preparing for N5 Dance | Online Videos, Past Papers | Twitter & Glow Email | * Diversity Dance Class - <https://twitter.com/20dvofficial?lang=en>
* Oti Mabuse Dance Class – <https://www.facebook.com/OiMabuse>
* Darcy Bussell Dance Class - <https://www.facebook.com/diversedancemix>
* Choreography Analysis - <https://www.youtube.com/watch?v=038BdfaaVVs>
* Past Papers - <https://www.sqa.org.uk/pastpapers/findpastpaper.htm?subject=Dance&level=N5>
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| N5 | Preparing for Higher PE | Use the links to develop K&U  | Twitter & Glow Email | * SATPE Student Notes - <https://www.satpe.co.uk/higher-physical-education-support-notes/>Higher Hammond Tool - <https://www.satpe.co.uk/2019/12/16/the-higher-hammond-tool/>
* BBC Bitesize Revision - <https://www.bbc.co.uk/bitesize/subjects/zhf3cdm>
* SQA Past Papers - <https://www.sqa.org.uk/pastpapers/findpastpaper.htm?subject=Physical+Education&level=NH>
* Hodder Education: Need to Know Revision Book - <https://www.hoddergibson.co.uk/subjects/pe/products/higher/need-to-know-higher-pe>
* ***Please apply the 50% discount code when purchasing WP0002919***
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| Higher  | Consolidating K&U | Use the links to develop K&U | Twitter & Glow Email |