**Home learning - Year group overview**

Subject – **Physical Education**

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|  | **Topics** | **Resources available** | **Communication Method** | **Web links** |
| S1 – S3 | Active Lifestyle  Analyse Performance | Online Videos | Twitter | * Joe Wicks – The Body Coach TV - [**https://www.youtube.com/watch?v=Rz0go1pTda8**](https://www.youtube.com/watch?v=Rz0go1pTda8) * Diversity Dance Class - <https://twitter.com/20dvofficial?lang=en>   **Analyse Performance**   * Simone Biles – <https://www.youtube.com/watch?v=HyPQwL5RCs0> * Murray v Federer - <https://www.youtube.com/watch?v=CGRzfUccmNE> * World Cup Final 2018 - <https://www.youtube.com/watch?v=GrsEAvRerTg> |
| N4 | Preparing for N5 PE | FIP Unit, Powerpoint | Glow Email |  |
| Dance | Preparing for N5 Dance | Online Videos, Past Papers | Twitter &  Glow Email | * Diversity Dance Class - <https://twitter.com/20dvofficial?lang=en> * Oti Mabuse Dance Class – <https://www.facebook.com/OiMabuse> * Darcy Bussell Dance Class - <https://www.facebook.com/diversedancemix> * Choreography Analysis - <https://www.youtube.com/watch?v=038BdfaaVVs> * Past Papers - <https://www.sqa.org.uk/pastpapers/findpastpaper.htm?subject=Dance&level=N5> |
| N5 | Preparing for Higher PE | Use the links to develop K&U | Twitter &  Glow Email | * SATPE Student Notes - <https://www.satpe.co.uk/higher-physical-education-support-notes/>Higher Hammond Tool - <https://www.satpe.co.uk/2019/12/16/the-higher-hammond-tool/> * BBC Bitesize Revision - <https://www.bbc.co.uk/bitesize/subjects/zhf3cdm> * SQA Past Papers - <https://www.sqa.org.uk/pastpapers/findpastpaper.htm?subject=Physical+Education&level=NH> * Hodder Education: Need to Know Revision Book - <https://www.hoddergibson.co.uk/subjects/pe/products/higher/need-to-know-higher-pe> * ***Please apply the 50% discount code when purchasing WP0002919*** |
| Higher | Consolidating K&U | Use the links to develop K&U | Twitter &  Glow Email |